Message for circulation:

**The Senior Child and Family Support Network (CFSN) Co-ordinator in Carlow would like to let parents know that they are still providing and co-ordinating services for children, young people and families in the county.  Due to the current Covid-19 situation, the ways in which supports are being provided have been altered to best meet the needs of families, while adhering to governmental guidelines.  The CFSN Co-ordinator provides support for all families, whether or not they have been engaged with Tusla previously, these supports can include access to counselling; family support; supports for young children and teenagers; therapy online or on the phone, or help with food and practical supports.  If you would like to find out more, please contact your local Snr CFSN Co-ordinator:**

**Sandra Collins**[**sandra.collins3@tusla.ie**](mailto:sandra.collins3@tusla.ie) **087 3802163**

I sincerely appreciate your support with this.

Kind regards,

Sandra Collins

Senior Co-ordinator Child and Family Support Network

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