**RESOURCES FOR PARENTS**

**Academic**

* [ScoilNet.ie](http://scoilnet.ie/) – set up by the Department of Education, this offers a massive database of resources, books and other helpful links for secondary school children.
* [iRevise.com](https://irevise.com/ie) – revision resources, prepared by educational experts.
* [ExamLearn.ie](https://www.examlearn.ie/) – grinds resource for secondary school children.
* [HomeSchool.ie](https://homeschool.ie/) – online grinds school for secondary school children.
* [StudyClix.ie](https://studyclix.ie/) – dividing Junior and Leaving Cert subjects out for secondary children.
* [Readers Theatre Scripts](http://www.teachingheart.net/readerstheater.htm) and [TheBestClass.org](http://www.thebestclass.org/rtscripts.html) – providing scripts for reading and acting, for all ages.
* [Twinkl](https://www.twinkl.ie/) – a learning resources site offering free logins due to coronavirus.

**Physical education options**

* [P.E with Joe](https://www.youtube.com/watch?v=K6r99N3kXME) – nearly one million people are now joining Joe Wicks, The Body Coach, live at 9 am on YouTube every morning for daily live workouts for kids.
* Boxer Eric Donovan is offering a fitness class online [via his Facebook page](https://t.co/b6ZuhuS6x3?amp=1), suitable for parents and kids.
* Yoga/play – there are many resources online to help children do yoga and mindfulness, such as [GoNoodle](https://www.gonoodle.com/) and [CosmicKidsYoga](https://www.youtube.com/user/CosmicKidsYoga).
* FREE P.E. class every Tuesday and Thursday at 12 noon with TJ Reid using [Facebook live](https://www.facebook.com/TJReidFitness/?__tn__=%2Cd%2CP-R&eid=ARCQ5mU_yO5OzD1oVE0Q_mRfDHRhdz6rhefC59gt1En0iT9OIydiv-HMNMOhBgXqW0Z-9ASQbOTMBcn_)! Combining basic GAA skills with basic exercises. Equipment needed: Hurl sliotar or tennis ball football / soccer ball.